

Topic: Forest School – Knots

Year 3 – linked to topics

Prior learning

- What is an overhand knot used for?
- Why is a shoelace knot (granny knot) known as the 'bunny-rabbit knot'?
- Why is knot tying an important skill?

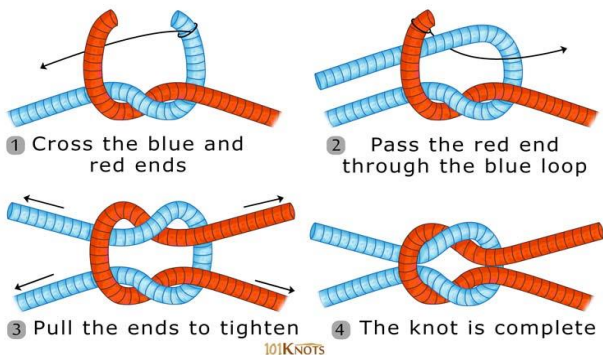
Key knowledge I will understand

- Apply knowledge of an overhand knot in bushcraft activities.
- Know what a square (reef) knot is.
- Know what lashings can be used for.

Key vocabulary

**Reef knot:** Making two ends, pass the right end over the left and then pull. Next, pass the left over the right and pull again. This is a good binding knot, as it can be used to join two pieces of rope together or secure the rope around an object.

Square (Reef) Knot Instructions



**Lashings** – a lashing is used to bind two things together. Use lashings to build simple structures like a tripod or a flagpole. Sticks and lashings can be used to build complex structures with trestle triangles, like a tower or a shelter.

How I will develop my skills



- Den building/mini dens

- Stone age weapons (look at square lashings)



- Making bracelets



- Making bow and arrows